

**2024** 

# SUMMER activity GUIDE







CEDARBURG PARKS, RECREATION & FORESTRY DEPARTMENT



















Complimentary Internet • Complimentary Underground Parking • Indoor Pool Hot Tub & Sauna • Golf Simulator • Outdoor Pickle Ball Courts • Game Lounge

W63N456 Hanover Avenue, Cedarburg, Wisconsin 53012 Rent@FoxRunCedarburg.com • FoxRunCedarburg.com • 262-416-5992





### PARKS AND RECREATION **DEPARTMENT OFFICE HOURS**

8:30-11:30 A.M. and 12:30-4:30 P.M. Monday through Friday

City Hall-Lower Level W63 N645 Washington Ave. P.O. Box 49 Cedarburg, WI 53012

#### **TELEPHONE NUMBERS**

Parks and Recreation	
Office —	375-7611
Senior Center —	375-7644
Forestry —	375-7662
Community Pool —	375-7665
Community 1 001	3/3-/003

#### **DEPARTMENT STAFF**

Danny Friess, CPRP, AFO Director of Parks, Recreation, & Forestry Kevin Westphal, Certified Arborist City Forester Maggie Anderson, CPRP, AFO, LGI

Recreation Superintendent

Chandler Steffen

**Recreation Coordinator** 

Gretel Anderson Senior Center Director

**Jason Scheer** 

Parks Maintenance

Kara LeGault

*Horticulturist* 

Matt Kettner

Arborist

Website: www.cedarburgparkandrec.com Rec Email: rec@cityofcedarburg.wi.gov

#### **MEMBERS OF**

**International Society of Arboriculture** Southeast Park and Recreation Council Wisconsin Park and Recreation Association National Recreation and Park Association International Society of Municipal Arborists

## **CONTENTS**

SUMMER ACTIVITIES FOR ALL AGES

4	Registration Information
5	Discounted Ticket Programs

#### **Youth Activities**

6	Form	and	<b>Fitness</b>	Youth	Classes
•	TOTILL	arta	I ILIICOO	TOUCH	CIGOCCO

Coed Youth T-Ball 6

Chess Camp Beginner & Intermediate 6

7 **Babysitting Safety** 

7 Tae Kwon Do

7 Cedarburg Summer Playground Camp

7 Field Hockey

Sand Volleyball Camp 8

Tetra Brazil Soccer Camp 8

8 Madison Radicals Ultimate Frisbee Camp

**Cultural Center Activities** 8

8 Ladies/College Students/Teens Self Defense

Youth Flag Football 9

Track and Field 9

"Get Golf Ready" Junior Golf Program 9

Challenger Sports Soccer Camps 9

Youth Soccer Camps 9

9 Youth Soccer Leagues

STEM Classes **10** 

Mad Science Classes 10

**Cedarburg Poms** 11

#### **Adult Activities**

**12** Real Health and Fitness Center

**14** DIY Classes \*NEW\*

Pickleball Open Play 14

"Get Golf Ready" Adult Golf Lessons **14** 

**Adult Enrichment Classes** 14

**14** Women's Pick-up Soccer

Pilates in the Park \*NEW\* **15** 

**15** Adult Softball Leagues

**15 Total Body Fitness** 

Yoga in the Park **15** 

Community Organization Directory 16

#### **Aquatics**

**17** Cedarburg Community Pool

Water Fitness 18

Cedarburg Sharks Swim Team 18

**Swim Instruction** 19

#### **Senior Activities**

20 Older Adult Activities

21 Older Adult Activities

**22 Community Events Calendar** 

22 **Registration Form** 



#### PROGRAM REGISTRATION INFORMATION

Registrations will be accepted beginning Monday, April 1, 2024. \*Summer Playground Camp will only have in-person registration starting on March 19th at the Parks and Rec office. See page 7 for special registration dates and new registration information.

Registration is ongoing until the classes fill or through the start of the program. Enrollment is limited for most programs. Some programs require a special registration form.

Online registration is available at www.cedarburgparkandrec.com

\*Program Information is subject to Change\*

SWIM INSTRUCTION: In-person Resident ONLY registration for summer group swim instruction will be held on Monday, April 22, 2024 at the Community Gym, W63 N641 Washington Ave, from 4:30PM to 6:30PM. Registrations will then be accepted at the Community Pool for residents and non-residents during preseason registration hours (see page 17). Swim instruction registrations WILL NOT be accepted in the Parks and Recreation Office. No swim instruction registrations will be accepted prior to April, 22, 2024. Town residents are considered a non-resident for the pool.

## **Summer Park Rentals**

Summer park rental information is available for pick up at the Cedarburg Parks and Recreation Office in the lower level of City Hall. Reservations for Summer 2024 are accepted the first business day in January.

For additional information please visit our website at:

www.cedarburgparkandrec.com or call our office at 262-375-7611

#### **HOW TO REGISTER**

#### STEP 1

Complete the registration form on page 22. Please fill out all information clearly. Note: some of the programs will have special registration forms available at a later date

#### STEP 2

Make checks payable to:

CEDARBURG PARKS AND RECREATION DEPT. Or, pay with a credit card in the office.

**VISA** 

DISCOVER!

#### STEP 3

#### MAIL-IN

Simply fill out the registration form and mail your check or money order to:

Cedarburg Parks and Recreation Department W63 N645 Washington Avenue PO Box 49

Cedarburg, WI 53012

#### **DROP-OFF**

24-hour drop box is located outside the south entrance of City Hall. Place your registration form with payment in an envelope, addressed to Parks and Recreation Department.

#### **WALK-IN**

Registrations for summer activities will be accepted in person during office hours of 8:30 - 11:30 A.M. and 12:30 - 4:30 P.M. Monday through Friday, beginning Monday, April 1.

#### **ONLINE**

Register online at www.cedarburgparkandrec.com

#### STEP 4

#### **CONFIRMATIONS**

The Cedarburg Parks and Recreation Department will send a confirmation if a registrant includes a self-addressed stamped envelope when registering by mail or drop box. If one is not enclosed, no confirmation will be sent. You will be contacted by phone only if classes are canceled or filled. If you are not notified, assume your class will continue as scheduled and attend the first class

#### **REFUNDS:**

A \$10.00 processing fee will be charged for refunds prior to the program start date. Once the program begins, no refunds are issued unless the program is canceled by the department.



## 2024 DISCOUNTED TICKET PROGRAM

<u>CASH</u> or <u>CHECK</u> are the only accepted forms of payment for Summer Ticket Sales!

In cooperation with the Wisconsin Parks & Recreation Association, our Department is offering discounted tickets for attractions throughout the state.

Tickets are available May 6 - August 23.

### Wisconsin Dells Attractions

Attraction Mt. Olympus Water & Theme Park (2 & under Free)	Gate Price \$34.99	<b>Our Price</b> \$15.00
Noah's Ark (under 36" are Free)	\$59.99	\$35.00
Pirates Cove Adventure Golf (4 & under Free)	\$11.00	\$8.00

### **Other Attractions**

<u>Attraction</u>	<b>Gate Price</b>	Our Price
Milwaukee County Zoo (Adult/Child 3-12)	\$20.75/\$17.75	\$14.50/\$11.50
2 & under Free		



## IT'S MORE THAN JUST A GAME.

**OZAUKEE YOUTH HOCKEY** 

## Try Hockey For Free

Ozaukee Ice Center
For Boys & Girls ages 5-14
Saturdays in September
\*\* All equipment provided \*\*
Register at ozaukeehockey.com



## Registration Opens July 1st!

Co-Ed and Girls Teams
4k - 8th Grade
Programs run
September - March
No experience necessary
\*\* Equipment rental available \*\*

FOR MORE INFORMATION VISIT: OZAUKEEHOCKEY.COM OZAUKEE ICE CENTER, 5505 PIONEER RD, MEQUON, WI 53097



#### **CHESS CAMP - BEGINNERS**

The Beginner's camps are for those students who are new to chess or have some experience. This camp will teach opening principles, the first six mating strategies and if time permits, focus on some of the basic tactics including pins, forks, skewers, and discovered check. We encourage students to come to camp knowing how to move the pieces. This can be done easily for free on many websites. One useful website is www.ChessKid.com where students can get a free basic membership and take the first six lessons. Students will participate in a five round tournament competing for trophies and medals.

DAYS: Monday - Friday
DATES: July 29 - August 2
TIMES: 9:00 a.m.-12:00 p.m.
LOCATION: Robert P. Zaun Pavilion

AGES: 7-14

INSTRUCTOR: Camp instructed by Wisconsin Scholastic Chess

Federation (WSCF).

FEE: \$75 MIN/MAX: 4/12

#### **CHESS CAMP - INTERMEDIATE**

The intermediate camps are for those students who have participated in a previous club, class or camp and have learned some of the strategies from the beginner's camp. Students will work on mastering the six basic mating strategies, six to ten of the most used tactics, opening principles and attaching strategies. Students will compete for trophies in a five round Swiss or round robin tournaments.

In some cases, if there are not enough students for either class, then the two camps are combined.

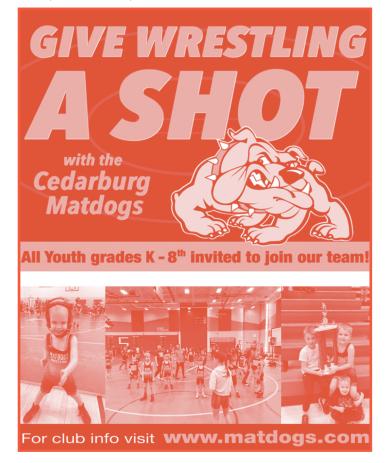
DAYS: Monday - Friday
DATES: July 29 - August 2
TIMES: 1:00 p.m.-4:00 p.m.
LOCATION: Robert P. Zaun Pavilion

AGES: 7-17

INSTRUCTOR: Camp instructed by Wisconsin Scholastic Chess

Federation (WSCF).

FEE: \$75 MIN/MAX: 4/12



#### COED YOUTH T-BALL

Our summer coed youth t-ball program introduces and develops age appropriate skills and game play strategies that lead to steady improvement and a lifelong enjoyment of the game. Children will be taught proper technique, will be given the time to practice, master and build upon learned skills, and be given plenty of opportunity to showcase their newly developed skills in scheduled league games that are centered on positive encouragement, inclusion and sportsmanship. All registered children will participate in weekly practices the first month of the season and games for the remaining months. Children will receive a team t-shirt, hat and most other equipment is provided (bats, helmets, etc). Just bring your glove, and let's play!

DAYS: Mondays and Wednesdays
DATES: May 6 – August 14

LOCATION: Zeunert Park
Baseball Fields

AGES: 4-6 years old

FEE: \$50

REGISTER BY: Friday, April 12

#### FORM AND FITNESS YOUTH CLASSES

To register and for times contact program director Mikkel Kotila at mikkel.formandfitness@gmail.com.

All classes will be held at Form And Fitness Health Club 2020 Cheyenne Court, Grafton

#### **Elite Performance**

Are you ready to become ELITE? This program is for athletes who already have exceptional ability and strength in all movement patterns. Here, we refine mechanics, drills, and exercises to the finest details on the chase to mastery.

AGES: 15+

#### **Total Performance**

This strength and speed training will introduce fundamental movement patterns and mechanics. Coaches will instill a physical foundation through the lower body, upper body, and corerelated strength, to improve speed, power, aerobic, and sport-specific training.

AGES: 9-13

#### **Advanced Performance**

The Advanced Performance program accommodates all types of athletes! Whether you want to take your game to the next level, bounce back from an injury, or reinforce your athletic ability, this program will be a great fit. Increase top speed, linear/multidirectional acceleration, strength, power, explosiveness, and mental resilience.

AGES: 12+





Mention this ad to try out one class FREE!



#### CEDARBURG SUMMER PLAYGROUND CAMP NO REFUNDS WILL BE GIVEN AFTER MAY 20TH

The summer playground camp program offers a safe and fun place for your children to enjoy summer activities with other children their age. All sites have adult supervisors who are education majors at local colleges. Your children will play games, do arts and crafts, go to the pool, and go on field trips during this 9-week camp. All activities are included in registration price except pool admission fee. The program is open to children ages 3 – 12. \*All children must be potty trained.

Full day starting at 8:00am and ending at 5:00pm will include lunch time as well. Parents who leave their child for the whole day must provide a bag lunch. If an afternoon pool session is scheduled, drop-off will be at Centennial Park (located next to the pool) and they will walk to the pool.

\*Registration Information – We will be continuing our Tier system for registration. Program may fill up before some registration dates.

Registration will be held in-person in the Parks and Recreation office from 7:30am-4:00pm each day. \* Please note people may start lining up outside City Hall prior\*

Returning Participants from 2023: City of Cedarburg Residents: (Proof of residency required)

Non-residents: (including Town of Cedarburg)

Tuesday, March 19 Wednesday, March 20

Thursday, March 21

DAYS: Monday - Friday

DATES: June 10 - August 9 (off July 4&5)

Pool Day on July 3 Cedar Creek TIMES: Cedar Creek AM Session Class #1142-1

8:00am - 12:00pm

Cedar Creek PM Session Class #1142-4

1:00pm - 5:00pm

Cedar Creek All Day Class #1142-3

8:00am - 5:00pm

Cedar Pointe AM Session Class #1147-1

8:00am - 12:00pm

Cedar Pointe PM Session Class #1147-2

1:00pm - 5:00pm

Cedar Pointe All Day Class #1147-3

8:00am - 5:00pm

Half Day

Full Day \$600 \$750

#### TRY FIELD HOCKEY

Try a new sport! Participants will practice on two indoor hockey courts and should wear shin guards and a mouth guard. Field hockey sticks and balls will be available for use.

Wednesday DAY: DATE: April 3 6:30 - 7:45pm TIME:

LOCATION: Kennedy Elementary School Gym

AGES: 7-13

**INSTRUCTORS:** Field Hockey Coaches

Jennie Mulcahy & Nancy Kellner

FEE:

**CLASS SIZE:** Min. 4/Max. 13

#### TAE KWON DO

Exciting opportunity for youth to learn selfdefense, martial arts, values, have fun and stay

physically fit.

LOCATION:

CLASS: #1141-1

Tuesdays and Thursdays DAYS: DATES: June 11-July 18 TIMES: 10:15am - 11:00am

Chav's Tae Kwon Do N19 W6733 Commerce Ct.

AGES: 7-16

\$80 \*\*includes uniform FEE:



#### BABYSITTING SAFETY

In cooperation with the American Red Cross, a babysitting course for youth, ages 11 and older, will stress babysitter safety. Participants will learn to recognize dangerous situations, simple first aid and the correct techniques for diapering, holding and feeding a baby. Bring a bag lunch with you. (Depending on class size, class may get out early.)

DAYS: Wednesdays and Thursdays DATES: Class #1115-5 June 26 & 27

Class #1115-6 July 17 & 18 Class #1115-7 August 14 & 15

TIMES: 9:30am - 12:30pm

LOCATION: Cedarburg City Hall, Room 2, lower level

AGE: 11 and older

FEE: \$85

Min. 6, Max. 12

#### **OZAUKEE SPECIAL OLYMPICS**

A year round program that provides athletic training and sports competition for individuals with development disabilities. Open to athletes 8 years and older. Athletes participate in volleyball, bowling, baseball, and golf. For further information contact Pat Armbruster at 375-2651.





register online at WWW.LWLHS.COM/CAMPS

## SPORTS, MUSIC, ART & MORE! | GRADES 2-8

LOCATED OFF HWY 60 IN JACKSON, WI, LIVING WORD LUTHERAN HS PROVIDES AFFORDABLE, FUN, AND INSTRUCTIVE SUMMER CAMPS FOR KIDS.

MULTI-CAMP DISCOUNTS ARE AVAILABLE!





#### TETRA BRAZIL SOCCER CAMPS

Tetra Brazil Soccer Camps combine learning Brazilian techniques, footwork, moves and fun! Tetra Brazil camps feature professional, comprehensive high quality soccer training from talented and experienced Brazilian soccer coaches. Campers receive a T-shirt.

## For pricing of camp and to register please visit: https://www.tetrabrazil.com/cedarburg

DAYS: Monday-Friday DATES: August 5-9

TIMES: 4 – 5-year-olds: 8:00-8:45am

6-13-year-olds: 9:00am-12:00pm OR 5:00-8:00pm

7 – 13-year-olds: 9:00am – 3:00pm

LOCATION: Prairie View Park AGES: 4-13 years old

## MADISON RADICALS ULTIMATE FRISBEE CAMP

The Madison Radicals are hosting a week-long ultimate frisbee camp for youth aged 8-14! This camp is open to players of all skill levels and will be taught by professional players. Don't miss out on this opportunity to improve

your ultimate frisbee skills and have a blast! All registrants will receive a Madison Radicals frisbee.

DAYS: Monday-Friday DATES: July 8-12

TIME: 9:00am – 12:00pm LOCATION: Prairie View Park AGES: 8-14 years old

FEE: \$150

Class Size: Min. 5/Max. 15

## LADIES/COLLEGE STUDENTS/TEENS SELF DEFENSE

Would you like to have more confidence in dealing with everyday safety issues? Would you like to have your child be safer as they go off on a date or off to college? Here's a perfect course to achieve that confidence! Our class is a hands on course that combines techniques of Tae Kwon Do, Krav Maga and Hapkido!

DAYS: Sundays
DATES: July 7 - July 28
TIME: 10:00am – 11:00am
LOCATION: Chay's Tae Kwon Do

AGES: 16+ Free

#### SAND VOLLEYBALL CAMP

Come have a little fun in the sun while learning volleyball skills at the Cedarburg Community Pool Volleyball Courts.

DAYS: Mondays and Wednesdays

DATES: June 17-July 17 (no class July 1 & 3)

TIME: 8:00am-10:00am FEE: \$65 (Includes T-Shirt) GRADES: 5-8 (23/24 school year)

REGISTER BY: May 31st

\*Separate registration form required.

Min. 25, Max. 35

## CULTURAL CENTER YOUTH ACTIVITIES AND SUMMER CAMPS

## COLOR YOUR WORLD 1 WEEKLONG ART CAMP WITH CHRIS BEHRS

Monday-Friday, June 10-14: 9-11:30 am

Ages 5-9 \$160 CCC Members / \$185 Non-Members

#### PAINT AND CREATE! WITH LIZ WILLIS

Monday-Friday, June 10-14: 1-2 pm

Ages 4-10 \$65 CCC Members / \$78 Non-Members

#### YOUTH PLEIN AIR CONTEST

Thursday, June 6-Tuesday, June 18 Ages 17 and under. Entry fee is \$13

## WEEKLONG SCULPTURE WORKSHOP WITH MICHELLE SAVAS THOMPSON

Monday-Friday, July 8-12: 10 am-12 pm

Ages 6-12 \$135 CCC Members / \$162 Non-Members

## COMICS FOR TEENS: CHARACTERS, STORIES, BECOMING A COMIC ARTIST- ALEX GARCIA

Tuesday & Thursday, July 9 & 11: 1-3 pm

Ages 12-17 \$55 CCC Members / \$66 Non-Members

## COLOR YOUR WORLD 2 WEEKLONG ART CAMP WITH CHRIS BEHRS

Monday-Friday, July 15-19: 9 am-12 pm

Ages 8-17 \$170 CCC Members / \$200 Non-Members.

## ART OF PAPER FOLDING: ORIGAMI WITH LIZ WILLIS

Monday-Friday, July 15-19: 1-2 pm

Ages 6-12 \$65 CCC Members / \$78 Non-Members

#### BIRDING YOUNG ARTISTS WITH LIZ WILLIS

Monday-Friday, July 15-19: 2:15-3:15 pm

Ages 5-12 . \$68 CCC Members / \$82 Non-Members

## FAMOUS ARTISTS PAINTING CAMP WITH KELLY GARCIA

Tuesday-Thursday, July 23-25: 10-11:30 am Ages 5-9 \$70 CCC Members / \$84 Non-Members

## EXPLORING ART BASICS PAINTING CAMP WITH KELLY GARCIA

Tuesday-Friday, July 23-26: 1-2:30 pm

Ages 10-14 \$86 Members / \$105 Non-Members

## ILLUSTRATE YOUR OCEAN STORY WITH ROBIN EBERHARDT

Monday-Friday, July 29-August 2: 1-2 pm Ages 5-9 \$70 CCC Members / \$84 Non-Members

#### DRAWING WORKSHOP WITH ROBIN EBERHARDT

Monday-Thursday, July 29-August 1: 10 am-12 pm Ages 9-13 \$115 CCC Members / \$138 Non-Members

## ACRYLIC PAINTING ART CAMP WITH JEANNE KOLLMEYER

Tuesday-Friday, August 6-9: 10 am-12 pm

Ages 10-14 \$115 CCC Members / \$138 Non-Members

#### CELEBRATE SUMMER MULTIMEDIA ART CAMP WITH JEANNE KOLLMEYER

Tuesday-Thursday, August 6-8: 1-3 pm

Ages 6-9 \$80 CCC Members / \$96 Non-Members

For more information and to register, go to: cedarburgculturalcenter.org/classes.

#### MY FIRST SOCCER ACADEMY

An introduction to soccer for the beginning player. Emphasis is on skills, techniques and teamwork. Parents and older siblings are encouraged to participate. Bring shin guards, a bottle of water and athletic shoes or rubber cleats. All other equipment will be provided.

DAYS: Monday-Thursday DATES: Iune 10-13 TIME: 9:00am - 9:45am LOCATION: Prairie View Park AGES: 3-5 years old

FEE:

#### YOUTH SOCCER ACADEMY II

This program is designed for the soccer player who wants to sharpen skills and cultivate a passion for the game. Fitness and skill training will be included. Small-sided group play will be conducted. Focus on ball mastery and moves. Bring shin guards, a bottle of water and athletic shoes or rubber cleats. All other equipment will be provided.

Monday-Thursday DAYS: DATES: June 10-13 10:00am - 11:30am TIME: LOCATION: Prairie View Park AGES: 6-9 years old

FEE:

#### CHALLENGER SPORTS SOCCER CAMP

Challenger Sports' British Soccer Camp is the most popular soccer camp in the country. Hundreds of Challenger coaches each year have helped the company develop one of the most innovative approaches to coaching youth soccer in the US. Our experienced staff study the game at all levels and we have identified



the key techniques and skills that your players need to work on and master to reach their true potential. Each day includes individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily World Cup tournament.

DAYS: Monday-Friday DATES: **Iulv 15-19** 

TIMES: 3-4 years old: 8:00-8:45am

5-6 years old: 8:00-8:45am

6-12 years old: 9:00am-12:00pm OR 1:00-4:00pm

7-12 years old: 9:00am-4:00pm

LOCATION: Prairie View Park Register at: www.challengersports.com

#### YOUTH TRACK CLUB

The Track and Field Program is a joint program between the Cedarburg, Grafton and Port Washington Parks and Recreation Departments. The program will be held at the Port Washington High School Track. Participants will learn skills such as sprints, hurdles, relays, jumps and throws (with the exception of pole vault). Wellness such as proper stretching and strength training will also be taught.

Mondays & Wednesdavs DAYS: DATE: June 10-July 17 (off July 3)

TIME: 4:30pm - 6:00pm LOCATION: Port Washington High School Track

AGES: 7-14 \$75 FEE:



#### SPRING YOUTH SOCCER LEAGUE

This league will be for K4-K5, 1st-2nd grade, 3rd-4th grade. (Grades determined by 2023/24 school year) Practices and Games will be held May 4 - June 15 from 5:30-6:30pm. Practices and games will be run by parent volunteers.

\*A separate registration form required

DAY: Thursdays May 2 - June 13 5:30-6:30pm DATES: TIME: LOCATION: Prairie View Park \$65 includes team shirt FEE:

REGISTER BY: April 5th (program may fill up before deadline) \*Please have child wear shin guards to all practices and games.

#### FALL YOUTH SOCCER LEAGUE

Registration starts June 1. This league will be for K4-K5, 1st-2nd grades, 3rd-4th grades. (Grades determined by 2024/25 school year) Practices and Games will be held August 20 - October 1 from 5:30-6:30pm. Practices and games will be run by parent volunteers.

\*A separate registration form required

DAY: Tuesdays

DATES: August 20 - October 1 TIME: 5:30-6:30pm LOCATION: Prairie View Park \$65 includes team shirt

**REGISTER BY:** July 19th (program may fill up before deadline) \*Please have child wear shin guards to all practices and games.

#### CEDARBURG DAWGS YOUTH FLAG FOOTBALL LEAGUE

The leagues we will be offering are: K4/ K5, 1st/Žnd , and 3rd/4th. Practices are on Wednesday nights from 5:30-6:30pm for 1st-2nd grades, Thursday nights from 5:30-6:30 for 3rd/4th grade, and Saturday mornings for K4/K5; Games will be played on Saturday mornings between 10:00am-1:00pm.



#### (K4/K5 will be Saturdays ONLY)

Wednesdays (1st/2nd grades) DAY:

Thursdays (3rd/4th grades)

Saturdays (K4 - K5) DATES: August 14 - October 26

LOCATION: CHS Practice Fields/ Prairie View Park **GRADES:** K4 to 4th grade (24/25 school year)

FEE: \$75 (Includes jersey and flags) \*fee after

deadline is \$90

REGISTER BY: June 7, 2024

#### "GET GOLF READY" JUNIOR GOLF PROGRAM

Students will be introduced to the fundamentals of the game of golf. Those include: Pre-swing fundamentals such as grip, aim, posture and set-up. In-swing fundamentals include: club path, timing, tempo, and balance. Short game skills like chipping pitching, and putting will be introduced. Learn how to play the game using a state-of-the-art practice range and finish your week using a regulation golf course to test your new skills. All participants should have their own clubs. They will also be available to buy from the golf shop. All students will receive a "participation gift". Instructed by two PGA Certified Instructors: Andy Runkel and Chris Van Peitersom

Monday - Friday

DAYS:

**SESSION DATES:** SESSION 1: June 17-21 5:00pm-6:00pm **SESSION 2:** July 8-12 5:00pm-6:00pm **SESSION 3:** July 22-26 5:00pm-6:00pm SESSION 4: July 29-August 1 4:45pm-6:00pm August 12-16 **SESSION 5:** 5:00pm-6:00pm

LOCATION: The Bog Golf Club (3121 Hwy I, Saukville)

AGES:

\$130 includes participation gift FEE:

Max 25 per session





#### ONE, TWO, THREE...BUILD

This is the perfect class to develop your engineering skills using LEGO Educational kits 9610, 9612, 9614 & 9616. These kits are specifically designed to contain only the parts needed to complete 2 projects per kit allowing more time to build and less time hunting for the correct pieces. Exciting projects will include: Swing Rides, Fans, Ride on Tractor, Movie Projector, Crane and many more. Basic understanding of gears, levers, pulleys and wheel/axle are introduced during each session. From the new builder to the most experienced LEGO fan, these projects are a hit!

 DAYS:
 Monday – Thursday

 DATES:
 August 5 – 8

 TIME:
 9:00 – 10:00am

FEE: \$55 AGES: 4 – 6

LOCATION: Robert P. Zaun Pavilion

Min. 8 / Max. 12

## \*NEW\* LET'S GET MOVING WITH LEGO'S MACHINE SETS

Build a Sail Car, Drag Racers and various powered Machines using Lego Education 9686 Education sets! This Fun Lego brick set builds SimpleMachines & Mechanisms. Students will partner up to build and explore machines and mechanisms, investigate motorized machines and alternative energy powered projects. These class activities build on design technology, science and mathematics and the awesome power of conventional and alternative energy.

 DAYS:
 Monday – Thursday

 DATES:
 August 5 – 8

 TIME:
 10:15 – 11:15am

FEE: \$55 AGES: 7 - 12

LOCATION: Robert P. Zaun Pavilion

Min. 8 / Max. 16

#### LEGO WEDO ROBOTIC ENGINEERING

Welcome to the world of LEGO Engineering combined with basic coding skills! Students will build exciting LEGO models featuring working motors & sensors which they will combine with Coding skills on the computer to make their projects come to life! This user-friendly icon based programing along with LEGO engineering skills will allow students to control what their creations can do. Alligators, Lions, Monkeys, Puppets, Airplanes, swing rides and much more are waiting for you to bring them to life!

 DAYS:
 Monday – Thursday

 DATES:
 August 5 – 8

 TIME:
 11:30am – 12:30pm

FEE: \$55 AGES: 7 - 12

LOCATION: Robert P. Zaun Pavilion

Min. 8 / Max. 16

#### **STREAM SAMPLER**

Step into the STREAM Zone (Science, Technology, Reading, Engineering, Arts & Math) and sample some of the newest technology programs. This program covers it all! Each class will explore a different concept which could include: Coding, Robotics & Engineering with LEGO Educational kits, Video Game Design, Catapults, Digital Movie Making, LOGO Programing, GPS, Snap Circuits, Creative Writing, Art exploration and may more. This class has been updated with new technology gadgets and is guaranteed to be 100% Fun!

DAYS: Monday – Thursday
DATES: August 5 – 8
TIME: 1:00 – 2:00pm

AGES: 7 - 12

LOCATION: Robert P. Zaun Pavilion

Min. 9 / Max. 16

#### **CODING 101 - VIDEO GAME DESIGN**

Do you have a future game programmer at home? Let their imaginations run wild in this multimedia adventure using block coding to explore the gaming world! Working with Scratch - a drag and drop program, students will create their own interactive stories, animated adventures, comics, games and much more. Students should bring a flash drive to class to save their work. Students will receive information on how to download this free software so they can continue to work on their projects at home.

 DAYS:
 Monday – Thursday

 DATES:
 August 5 – 8

 TIME:
 2:15 – 3:15pm

FEE: \$55 AGES: 7 - 12

LOCATION: Robert P. Zaun Pavilion

Min. 8 / Max. 12



## \*NEW\*EUREKA! STEM MAKERS: GADGETS AND GIZMOS CAMP!

Inspire the inventor and scientist in this Ultimate STEM-Makers Camp! Campers will overcome a series of challenges using basic materials, simple machines, tips from famous inventors and the most important of all – their mind! With a little bit of ingenuity children will create catapults and forts, and even construct their own working light sabers to take home! While Thomas Edison said "invention is 10% inspiration and 90% perspiration", this camp is 100% FUN! Daily themes include: Do Like da Vinci; Modern & Medieval Machines; Edison, Bell & Tesla; Awesome Inventions; and Shipwrecked Shelters! This camp is sure to make your kiddo exclaim, "EUREKA!".

## Class will include a 30 minute supervised lunch/recess (no peanut products, please).

 DAYS:
 Monday – Friday

 DATES:
 July 22 – 26

 TIME:
 9:00am – 4:00pm

LOCATION: Cedarburg City Hall, Room 2, Lower Level

GES: 6 – 12 FF: \$450

Min.6/Max.7

#### **CRAYOLA WORLD OF DESIGN CAMP**

Crayola World of Design is a summer camp that takes kids on a journey to the edges of their imagination and beyond! They learn about Mars, the rainforest, and cities of the future, and get engaged in the creative design process to solve real-world problems. Each camp day focuses on a specific field of design, and our young architects, illustrators and graphic designers develop their ideas from concept, to sketch, to finished product. They bring their concepts to life by experimenting with Crayola products, and exploring art techniques like sculpting, storyboarding, mixed media and collage. Combining art, design, fun active games and inspiring themes from around the world, this camp is designed to inspire!

\*Children should bring their own beverage and snack to camp each day (no peanut products, please).

 DAYS:
 Monday – Friday

 DATES:
 July 29-August 2

 TIME:
 12:00pm – 4:00pm

LOCATION: Cedarburg City Hall, Room 2, lower level

AGES: 6 – 12 FEE: \$270

Min. 6 / Max 7



## CEDARBURG POMS CLASSES

W63 N645 Washington Ave. | PH: 262.375.7611 | cedarburgpoms@wi.rr.com

**CEDARBURG POMS** is an elementary and middle school dance team for children currently enrolled in grades K3 - 8th. It's a fun dance, fitness and performance class that allows kids to be more involved in the Cedarburg community! Teams perform at parades, festivals, special events and football and basketball games. Classes take place upstairs at the Cedarburg Community Gym, W63 N645 Washington Ave., Cedarburg.

**CEDARBURG POMS** has two programs: **Recreation Poms** requires no experience and Performance Team which requires some dance experience. Please see the box below with contact information for performance team or other questions.







#### **Recreation POMS Class Schedule:**

#### MONDAY

4:00 - 4:45 pm 1st - 3rd grade POMS 1st - 3rd grade POMS 4:45 - 5:30 pm

#### **TUESDAY**

1st - 3rd grade POMS 4:00 - 4:45 pm 4:45 - 5:30 pm 4th - 6th grade POMS

#### WEDNESDAY

K3 - K5 grade POMS 4:00 - 4:45 pm K3 - K5 grade POMS 4:45 - 5:30 pm

#### **THURSDAY**

4:00 - 4:45 pm K3 - K5 grade POMS

For **Performance Team** information or classes for 7th grade and up please email Stacy Sylvester at cedarburgpoms@wi.rr.com or text/call 414.975.7822.

**Facebook** • www.facebook.com/cedarburgpoms **Instagram** | **Tik Tok** | **Twitter** • @cedarburgpoms

#### **Recreation POMS**

**Class FEES:** Spring: \$115

Summer: \$90

(Dancers are required to buy a t-shirt to perform.)

**DATES: Spring** ~ May 6 - July 5, 2024 (9 weeks)

Summer ~ July 15 -August 30, 2024

(7 weeks)

TO REGISTER: Visit ci.cedarburg.wi.us; choose "Recreation

and Forestry" and then "Register Here."





## RBURG Page 12



## **NEW IN 2024 - REAL HEALTH & FITNESS IS UNDER NEW OWNERSHIP**

**Downtown Historic Cedarburg** 

> **Free Classes for** Members

> > Large Facility No Wait Times

**Personal Training & Nutrition Counseling** 

> **Free Weight Room 24 HOUR ACCESS**





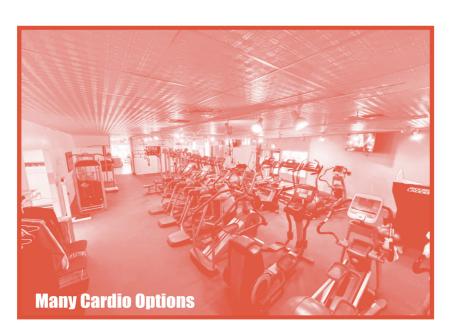
262.376.2680

www.GETREALFIT.com



## **RENOVATIONS UNDERWAY. MANY NEW ENHANCEMENTS**

## STOP IN FOR A NO COMMITMENT TOUR AND RECEIVE A FREE DAY PASS\*







Non-Member Paid Drop in Classes

**Guided Weight Loss** 

**Mobility Training** 

No Commitment Membership Options

We accept many Insurance Plans

Senior & Student Memberships Avail.

262.376.2680

www.GETREALFIT.com



#### **ADULT (18+) PICK-UP SOCCER**

All adults (18+) are invited to play in this adult only pick-up soccer league. There is no pre-registration required. Just show up and play! \*Bring a dark and white shirt each time!

DAY: Wednesdays

DATES: June 12 - August 21

TIME: 6:30pm LOCATION: Prairie View Park

FEES: FREE

#### PICKLEBALL OPEN PLAY - INDOOR

The Community Gym will be set up for 3 courts during the week for open pickleball. The fee per time is \$3.00 and all equipment will be provided. A volunteer instructor will be available upon request to help you learn the game, when available. The courts are on a first come first serve basis. Each game lasts 10-15 minutes.

\*If there is inclement weather, the gym may not be available for pickleball. Please call 375-7611 to verify if pickleball will be open.

DAYS/TIMES: Tuesdays 1:00pm-3:00pm Wednesdays 1:30pm-3:30pm Thursdays 1:00pm-3:00pm

DATES: April 30 - July 25

PICKLEBALL OPEN PLAY - OUTDOOR

DATE: June-August

LEVEL/DAYS/TIMES:

Beginners/Passive: Tuesday & Thursday

9:00-11:00am and 6:00-8:00pm. Intermediate/Advanced: Monday, Wednesday & Friday 9:00-11:00am and 6:00-8:00 pm.

All other dates and times are open play

LOCATION: Adlai Horn Pickle-Ball Courts

FEE: FREE

#### **DIY WREATH MAKING CLASSES \*NEW\***

All classes will be taught by MJ White owner of MJ's Designs & Home Deco, a local Mequon Business. To view a sample for any of the classes listed please visit her Facebook page @MJWhiteDesignHomeDecor or contact her directly at mjwhitedesigns@gmail.com.

Treat Mom and yourself to a fun morning creating a spring floral wreath while enjoying a light brunch. In this class, students will learn how to arrange silk flowers on a grapevine wreath form and how to pick the right florals for their next project. All materials, tools, and refreshments are included in the cost of the class. Make memories with Mom at this fun Mom & Me DIY class!

Day: Saturday
Dates: May 4th
Time: 10:00 – 11:30am

Fee: \$90

Location: Cedarburg Senior Center, Lincoln Building

Min/Max: 1/20

In this class, students will learn how to make a deluxe 4th of July deco mesh wreath perfect for displaying on your front door this summer! The class fee includes all materials and tools needed to complete a 25-inch deco mesh wreath.

 Day:
 Monday

 Dates:
 June 10

 Time:
 6:00 – 7:30pm

Fee: \$65

Location: Cedarburg Senior Center, Lincoln Building

Min/Max: 1/20

In this class, Students will learn how to make a deluxe fall-themed deco mesh wreath that can be displayed through Thanksgiving! The class fee includes all materials and tools needed to complete a 25-inch deco mesh wreath.

 Day:
 Monday

 Dates:
 August 19

 Time:
 6:00 – 7:30pm

 Fee:
 \$65

Location: Cedarburg Senior Center, Lincoln Building

Min/Max: 1/20

#### **WOMEN'S PICK-UP SOCCER**

All Women are invited to play in the women's only pickup soccer league. There is no pre-registration required. Just show up and play! \*Bring a dark and white shirt each

time!

DAY: Tuesdays

DATES: June 11 - August 20

TIME: 6:30pm

LOCATION: Prairie View Park

FEES: FREE

#### "GET GOLF READY" ADULT GOLF LESSONS

Two PGA Certified Golf Professional Instructors will be teaching you how to get golf ready this spring at the Bog Golf Course! They will help you work on your golf fundamentals using a state-of-the-art practice facility. Fundamentals include: Pre-swing fundamentals such as grip, aim, posture and set-up. In-swing fundamentals include: club path, timing, tempo, and balance. Short game skills like chipping, pitching, and putting will also be covered. You will even have the opportunity to view your swing using high-speed video. Don't delay! Sign up is limited to 12 students per timeframe. For ages 18 years and older.

DAYS: Sessions 1&2 Wednesdays Sessions 3&4 Thursdays

#### **SESSION DATES:**

 SESSION 1:
 May 1- June 5
 5:00pm-6:00pm

 SESSION 2:
 May 1- June 5
 6:00pm-7:00pm

 SESSION 3:
 May 2- June 6
 5:00pm-6:00pm

 SESSION 4:
 May 2- June 6
 6:00pm-7:00pm

\*May 22 & 23 no class for all sessions\*

LOCATION: The Bog Golf Club (3121 Hwy I, Saukville)

AGE: 18+

FEE: \$130 for a 5 week session

Max 12 per session

#### ADULT ENRICHMENT CLASSES

## SESSION 1: Cutting the Cord – Controlling Cable & Internet Costs

Fees for cable, television, home internet, smartphones and streaming services can quickly add up to hundreds of dollars. This seminar reviews your options to cut the costs and still watch television programs and have internet access on your devices.

SESSION 2: The Camera in Your Smartphone

It's a camera, it's a photo album, it's a television – it's your phone. Learn about apps, tips, tricks and limitations for pictures and video from iPhone and Android smartphones and tablets. This class will cover your device's camera, home and Cloud storage options, printing and more.

SESSION 3: Smartphone Video and Editing

Whether a parent, an instructor, a business professional or just a creative soul, shooting and editing video with your smartphone is an efficient way to produce spectacular videos of your family, a lesson or a marketing message. This two-hour workshop covers smartphone video shooting techniques and how to combine video clips, photos, narration and music into a single video using the smartphone apps VN Video Editor.

SESSION 4: You Have Pictures in Your Cameras – Now What? We have hundreds – if not thousands – of pictures in our cameras, smartphones, and computers. Now what...? This two-hour seminar teaches techniques to save pictures from cameras and smartphones to a computer, to external devices and to "the Cloud" using Windows 10 PCs.

DAYS: Tuesdays

DATES: Session 1 – May 7 Session 2 – May 14

Session 2 – May 14 Session 3 – May 21 Session 4 – May 28 6:30 – 8:30 pm

TIME: 6:30 – 8:30 pm LOCATION: 6:ty Hall, Meeting Room #2, lower level

FEE: \$23 per session CLASS SIZE: Min. 2, Max. 10



#### YOGA IN THE PARK

Join us for an all-level outdoor yoga class in Centennial Park! Please bring your own yoga mat and props. We will cancel outdoor yoga due to rain or temperature below 60 degrees. Make-up day will be offered on the following Tuesday if class is cancelled due to inclement weather.

DAYS: Fridays

DATES: Session 1: June 14 – June 28

Session 2: July 12 – July 26

TIMES: 7:30 – 8:30am
LOCATION: Centennial Park
FEES: \$30 for 3 classes
Drop in prices is \$15

#### PILATES IN THE PARK \*NEW\*

This is a Pilates mat class for all levels with a toning and core strengthening focus. Please bring a Pilates/yoga mat, sticky socks and small props such as therabands, small ball/rolled towel for head support. Can't wait to see you there! \*weather makeup day will be Saturday following class\*

Days: Fridays

Dates: Session 1: June 7 – 28

Session 2: July 12 – August 2

Time: 9:00am Fee: \$36

Drop-in fee is \$15 per class

Location: Centennial Park



#### ADULT SOFTBALL LEAGUES

Enjoy a night of great softball and come and watch local players! Leagues have been formed for the season. Games are played at Behling Field from May through August.

Coed-League-Monday nights "Over 28" Men's League-Wednesday nights Church League-Thursday nights Men's League-Friday nights



#### **TOTAL BODY FITNESS**

Join us for a fun and healthy workout the low impact way! One foot on the ground at all times minimizes the impact on your joints. Class involves a full range of aerobic exercise, strength training and stretching to build stamina, maintain muscle tone, and achieve greater flexibility. We encourage you to work at your own pace and we offer alternatives if needed. Every "Body" is welcome!

Register prior to the first class using the registration form in

the booklet or in person at the Department Office.

CLASS: #2217

DAYS: Tuesdays and Thursdays
DATES: June 11 - August 1
TIME: 8:00am-9:00am
LOCATION: Community Center Gym

FEES: \$40 Min. 10 participants

Instructor: Janis Gralewski





### **COMMUNITY ORGANIZATION DIRECTORY**

PLEASE NOTE: The Cedarburg Parks & Recreation Department does not administer nor does it directly sponsor any of the following programs. This information is given for public reference.

Please contact respective program providers for information.

American Legion Post No. 288 377-9987

Cedarburg Dawgs Youth Football www.cedarburgfootball.com

Cedarburg Chamber of Commerce 377-5856

Festivals - Cedarburg

Cedarburg Soccer Club

www.northshoreunited.org
Cedarburg Basketball Club

www.cedarburgbasketball.com

**Cedarburg Lions Club** 

414-228-4402

www.cedarburglionsclub.org

**5-corners Lions Club** 

375-4228

**Cedarburg Select Baseball** 

414-254-9356

**Cedarburg Girls Select Fastpitch** 

Dave Goethel dgoethel@wi.rr.com

**Cedarburg Matdogs Wrestling** 

www.matdogs.com

Cedarburg Friends of the Library

www.cedarburglibrary.org

Cedarburg Woman's Club

www.cedarburgwomensclub.org

**Cultural Center** 

375-3676

**Ozaukee Ice Center** 

375-6851

**School District** 

376-6100

**Volunteer Center of Oz. Co.** 

377-1616

**Cedarburg Visitor Center** 

377-9620

Cedarburg/Grafton Rotary

www.cedarburggraftonrotary.com

**Cedarburg Senior Center Chorus** 

375-7644

**Cedarburg Art Museum** 

377-6123 - www.cedarburgartmuseum.org

**Ozaukee Flag Rugby Club** 

Jeff Holmes 262-229-5207

**The Student Union** 

www.thestudentu.org

\*If your organization is interested in being in this directory please call the Recreation office at (262) 375-7611

## **Anvil Pub & Grille**

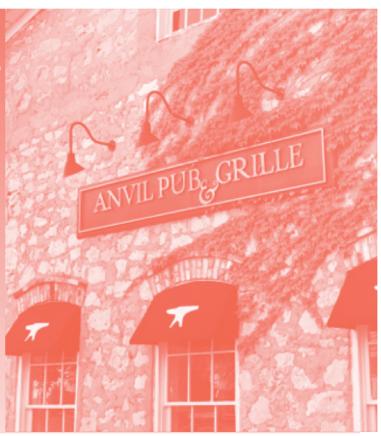
Located in the Historic Cedar Creek Settlement.

N70 W6340 Bridge Road Cedarburg, WI 53012 (262) 376-2163 anvilpubandgrille.com

Tuesday - Thursday Serving 11:00-8:00

Friday & Saturday Serving 11:00-9:00

anviloubandgrille.com for online ordering





## **CEDARBURG COMMUNITY POOL**

(262-375-7665)

For pass sales, pass renewals, swim lesson registration, pool rentals and group admission requests please visit the pool during pre-season registration hours. The hours will be Monday and Wednesday evenings 4-6pm, May 6, 2024 to May 22, 2024. When the pool is open for the swim season, <u>all registrations and sales must be done at the pool during hours of operation</u>. See schedule below.

#### 2024 POOL SCHEDULE

PRE-SEASON: JUNE 1- 2 (CLOSED JUNE 3-5)

Saturday: 10:00am - 7:00pm Open Swim

Sunday: 12:00pm - 6:00pm Open Swim

#### **SUMMER SEASON: JUNE 6 - AUGUST 18**

Mon., Wed., & Fri:

6:30am - 11:45am	Adult Lap Swim
8:30am - 11:45am	Structured Activities
8:45am - 11:45am	Parent/Tot Swim
12:00pm - 4:30pm	Open Swim
4:45pm - 7:00pm	Adult Lap Swim
4:45pm - 7:00pm	Parent/Tot Swim
4:45pm - 7:00pm	Structured Activities
7:15pm - 8:15pm	Sharks Practice (No Fri)

#### Tues. & Thurs.:

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#### Saturday:

Sharks Practice
Open Swim
Family Swim
(No August 3)
Pool Rentals

#### Sunday:

12:00pm - 6:00pm	Open Swim
4:00pm - 6:00pm	Family Swim
6:00pm - 8:00pm	Pool Rentals

#### **RENTALS**

Pool rentals are available Tuesday and Thursday 9pm - 10pm, Friday and Saturday 7pm - 9pm, and Sunday 6pm - 8pm. Please stop by the pool and speak with a facility manager for details and to complete a request form. NO rentals the last week of the pool season.

All pool passes, swim team, lessons, water fitness, lap swim, etc. must be paid with CASH OR CHECK ONLY.

#### **FAMILY SWIM**

Families are invited to bring small, single-user flotation devices and toys to the pool. Only children accompanied by a swimming adult may bring toys in the pool. These fun family events are held Saturdays from 10am - 12pm and Sundays from 4pm - 6pm. (No Family Swim August 3.)

#### ADULT LAP SWIM

Adult Lap Swimming will be from June 6 - August 16, Monday through Friday from 6:30am - 11:45am and 4:45pm - 7:00pm. Participants must pay the daily admission fee or purchase a season pass.

#### PARENT & TOT SWIM

A special time for parents with small children, infant through age six, to enjoy the pool. A designated area in the shallow end of the pool will be available June 6 - August 16, Monday through Friday from 8:45am - 11:45am and 4:45pm - 7:00pm. \*Parents MUST remain in the water with their child at all times. Participants must pay the daily admission fee or purchase a season pass to receive a wristband for swim.

#### **OZAUKEE COUNTY SUPER PASS**

The Cedarburg, Grafton, Port Washington, and Mequon Parks and Recreation Departments are excited to offer the Ozaukee Super Pass for a third season. Purchase a 2024 Season Pool Pass for your community's pool and upgrade your pass to a Super Pass! The Super Pass Allows you to utilize the Cedarburg, Grafton, Port Washington, and Mequon Aquatic Centers during the Summer Season! Contact your local Parks and Recreation Department for more details.

Super Pass Fees:

\$25 Resident Individual \$35 Non Resident Individual

\$40 Resident Family \$55 Non Resident Family \*The Super Pass fees are in addition to the price of a season pass.

#### "DADS SWIM FREE ON FATHER'S DAY"

Hey kids, bring Dad to the Cedarburg Community Pool on Father's Day! In honor of Father's Day 2024 and to promote family recreation, the Cedarburg Community Pool has announced a "DADS SWIM FREE DAY!" on Sunday, June 16th, 2024. Any dad accompanied by at least one paying customer (including season passes) will be admitted free during the regular Sunday pool schedule.

ADMISSION FEES						
Daily Fees  CHILD (Under 2) YOUTH (2-17) ADULT (18-64) SENIOR (65 & older)	Residents (City only) FREE \$5 \$6 \$4	Non-Residents (Town included) FREE \$10 \$12 \$8				
Season Pass Fees CHILD (Under 2)	Residents (City only) FREE	Non-Residents (Town included) FREE				

 (City only)
 (Town included)

 CHILD (Under 2)
 FREE
 FREE

 YOUTH (2-17)
 \$85
 \$125

 ADULT (18-64)
 \$95
 \$135

 SENIOR (65 & older)
 \$80
 \$120

 FAMILY (immediate)
 \$170
 \$220

\*\*Each person, 2 years of age or older, will receive an ID pass. This pass must be brought with you to the pool each time to be admitted into the facility.

#### WATER FITNESS

Interested in some sun and a good workout? Come join the water fitness class! It's a great reduced-impact exercise that is easy on the joints, while challenging the muscles with the water's resistance. Water resistance is 12 times greater than air! Classes are designed to be fun while increasing aerobics training, flexibility, muscular strength and endurance. Swimming ability is not necessary to participate. The class is 45 minutes plus a 15 minute cool down/toning period. No

passes are needed to participate in the Water Fitness Class. Simply pay the daily program

fee and enjoy the water!

DATES: DAYS/TIMES: June 6 - August 16

Monday through Friday: Water Fitness 7:30am-8:30am

Deep Water Walking 7:30am-8:30am (non-instructional) Tuesday: Deep Water Walking Thursday: 7:30am-8:30am (non-instructional)

Monday, Wednesday: Water Fitness 5:15pm-6:15pm Tuesday, Thursday: Aqua Zumba 5:15pm-6:15pm

FEES: Residents \$5 per class Non-Residents (Town included) \$7 per class

SEASON PASS (Allows a participant to attend any water fitness class, any time) Resident: \$120 Non-Resident (Town included): \$185

#### \*SEASON PASS CANNOT BE USED FOR LAP SWIMMING OR DAILY ADMISSION\*

### CEDARBURG SHARKS RECREATIONAL SWIM TEAM

Freestyle, backstroke, breaststroke or fly your way to the pool to join the Cedarburg Sharks.

AGE LEVEL: All Sharks must be able to swim 25

yards (one pool length) of a competitive

swimming stroke.

LOCATION:

Cedarburg Community Pool Mon. and Wed. from 7:15pm-8:15pm TIME:

Sat. 8:30am-9:30am DATES: June 10 to August 3

Residents \$85 Non-Residents (Town included) \$105

\*\*Includes team T-shirt

Registration will be conducted during pre-season registration hours (see pg. 17) or during regular hours of operation.



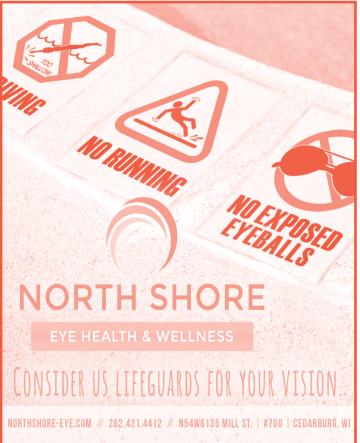


June 22 Pirates' Hollow (Port Washington) July 12 Grafton Family Aquatic Center

Cedarburg Community Pool Aug. 3 TBĎ Mequon

Fox Pointe TBD Elm Grove

> Recommended Uniform Black suit (one piece for females) Swim Cap





#### **SWIM INSTRUCTION REGISTRATION**

See page 4 for dates and details on swim instruction registration. In-person **RESIDENT ONLY** registration will be held on April 22, 4:30pm - 6:30pm at the Community Gym. All other swim instruction registration must be done in person at the Community Pool starting May 6 during preseason registration hours.

#### **Lesson Schedule**

Session 1: June 17 - June 28
Session 2: July 8 - July 19
Session 3: July 22 - August 2
Session 4: August 5 - August 16
(Limited Classes)

Lessons held Monday through Friday. Lessons are not canceled due to rain or cold weather. Safety skills are taught during inclement weather in the bathhouse or community room. **CANNOT register for more than one session at a time**. Subsequent registration will take place following each session to ensure proper class placement for your child.

#### **Times & Class Levels**

9:20am - 10:00amLevels PS, 2, 3, 4, 510:10am - 10:50amLevels PS, 1, 3, 4, 511:00am - 11:40amLevels 1, 2, 3, 4, 64:45pm - 5:25pmLevels PS, 2, 3, 4

5:30pm - 6:10pm Levels 1, 2, Parent/Child

#### **Session 4 Only Available Classes**

10:10am - 10:50am Levels PS, 1, 2, 3, 4 11:00 am - 11:40am Levels PS, 1, 2, 3 5:30pm - 6:10pm Parent/Child

Fees: Resident Youth \$50 Non-Resident Youth \$70 (including town)

\*Cash or Check payment only

#### **PRIVATE LESSONS**

Private Swim instruction is available <u>depending</u> on number of instructors during regularly <u>scheduled group lesson times</u>. Interested participants should contact the Swim Lesson Coordinator to complete a request form. The coordinator will schedule a mutual time and instructor. Fees are per student for three (3) half-hour sessions.

Fees: Resident \$70; Non-resident \$140

\*Cash or Check payment only

#### **SWIM LESSON INFORMATION**

The Cedarburg Community Pool uses the American Red Cross Learn-to-Swim program. The program begins with Parent and Child Aquatics and continues through level VI. Please review class descriptions below for appropriate child placement. The Cedarburg Community Pool Staff encourages parents to emphasize learning new skills and improving on existing skills. Over-emphasizing that children pass levels can lead to disappointment and discouraged youth.

#### PARENT/CHILD AQUATICS

Designed for children six months to three years of age and parents. This class builds swimming readiness by emphasizing fun in the water. Parents and children participate in guided classes during which children learn elementary skills such as water entry, bubble blowing, kicking, floating and underwater exploration.

#### PS (PRESCHOOL)-INTRODUCTION TO WATER SKILLS

Students enrolled in this class must be between three and five years of age. Children should be comfortable in the water without a parent. Skills involved in this class include: submerging mouth, nose, and eyes, opening eyes underwater and retrieving submerged objects, floating on front and back without support, swimming on front and back using arm and leg actions, basic water safety skills.

#### LEVEL I-INTRODUCTION TO WATER SKILLS

Students enrolled should be at least five years old on the first date of the class. Skills involved in this class include: submerging mouth, nose, and eyes, opening eyes underwater and retrieving submerged objects, floating on front and back without support, swimming on front and back using arm and leg actions, basic water safety skills.

#### LEVEL II-FUNDAMENTAL AQUATIC SAFETY

Students must have passed Level I. Skills involved in this class include: submerging entire head, unsupported front and back glides, bobbing, treading water, swimming on front and back using a combined stroke, basic water safety skills.

#### LEVEL III-STROKE DEVELOPMENT

Students must have passed Level II. Skills involved in this class include: submerging and retrieving an object, front and back glides, front crawl, back crawl, kneeling and standing dive, butterfly kick and body motion and aquatic survival skills.

#### LEVEL IV-STROKE IMPROVEMENT

Students must have passed Level III. Skills involved in this class include: dive from stride position, elementary backstroke, breaststroke, butterfly, front crawl, back crawl, surface dives, and aquatic survival skills.

#### LEVEL V-STROKE REFINEMENT

Students must have passed Level IV. Skills involved in this class include: front and back crawl turns, elementary backstroke, breaststroke, butterfly, front crawl, back crawl, surface dives, diving, rescue breathing and survival swimming.

#### LEVEL VI-SWIMMING AND SKILL PROFICIENCY

Students must have passed Level V. This course is designed to refine strokes so students can swim them with ease, efficiency, power and smoothness over great distances. This course can prepare students for participation in more advanced courses such as Lifeguard Training and Water Safety Instructing.



## **OLDER ADULT ACTIVITIES**

#### **WEEKLY EVENTS AND CLASSES**

#### **Bingo**

1st and 3rd Monday of each month 12:45 - 2:30 pm

#### **Knitting**

2nd and 4th Monday of each month

#### 1:00 -4:00 pm

#### Tai Chi

Mondays & Wednesdays 10:00 - 11:00 am

#### Qigong & Tai Chi

Thursdays

11:00 - 11:45 am

#### **Chorus**

Mondays, 1:00 - 2:00 pm

#### **Mahjongg**

Mondays, 9:00 am

Tuesdays, 10:00am

#### **Contract Bridge**

Tuesdays, 1:00 pm

#### **Exercise - Fitness with Focus**

Tuesdays and Thursdays

10:00-11:00 am

Through June 6th - Will resume in September

#### **Sheepshead**

Wednesdays, 12:30 - 3:30 pm

#### **Canasta**

Thursdays, 12:45 pm-4:00pm

#### **Teddy Bear Class**

Fridays, 9:00 - 11:00 am

#### **Chair Yoga**

Fridays, 9:30 - 10:30 am

#### **Pickle Ball**

Fridays, 9:30 - 11:30 am

#### **Hand & Foot**

Fridays, 12:45 - 4:00pm

#### **Play Pool**

Call for days/times availability

#### OZAUKEE COUNTY SENIOR CONFERENCE

June 11th at Grafton High School

This year's theme is "Bring Back the Golden Years" with guest speaker Nick Baumgartner. In 2022, after 17 years of failure, Nick won Olympic gold at the age of 40. He's the author of the newly published book "Gold from Iron: A Humble Beginning, Olympic Dreams, and the Power In Getting Back Up". Enjoy workshops on a range of topics and the opportunity to visit exhibits from community businesses and resources. Lunch is also provided. Space is limited and pre-registration is required. Forms are available at the Senior Center. Cost \$20

#### THE CEDARBURG DINING CENTER IS OPEN!

Lunch is served at noon Monday-Friday. Enjoy conversation along with a delicious nutritious meal. Make reservations 2 days in advance by calling Jenny, the Cedarburg meal site manger at 262-483-2876. If you would like to receive Home Delivered Meals you can make reservations by calling the ADRC at 262-284-8120, or contact Jenny. A \$5 donation is suggested.



#### THE CEDARBURG SENIOR CENTER

The Cedarburg Senior Center, located in the Lincoln Building, W63 N643 Washington Avenue, is open Monday through Friday, 9:00am to 4:00pm. All persons 55 and older are welcome.

Special events, programs, speakers and tours are advertised in the bi-monthly newsletter and calendars available at the Senior Center, city website, or through the mail. Call 375-7644 for more information.

## STOP BY THE CEDARBURG SENIOR CENTER GIFT & RESALE SHOP!

Our shop is open Monday – Friday from 9:30 to 3:30.

\*Home décor & kitchen items \*Children's items & handcrafted teddy bears \*Greeting cards & craft supplies

\*Jewelry & accessories \*Puzzles, books & so much more.



The Cedarburg Senior Center provides a unique venue for local senior artists & senior crafters to display and sell their work year round. Stop by to see our displays!

#### LOOSE WATERCOLOR LANDSCAPES

with Les Thompson or Erin Blum.

Classes will be held on Wednesdays at 1:00 p.m.

Learn wet-on-wet technique, define edges, create atmosphere, and more! Bring your own photo of a lake, country scene or flowers and do a painterly interpretation of it. Get bold with the gorgeous colors of watercolors! Four-week classes are ongoing.

RSVP to (262) 375-7644. Cost: \$72

#### **SUMMER HISTORY EVENT**

Friday July 19th at 1:00 p.m.
Join us for an educational and interesting character performance of Mary Todd Lincoln – "Preserve the Union". Mary recalls her move to Springfield where she would meet and marry a young prairie lawyer. Her story includes their move to Washington during a time of national strife and personal tragedies, including that fateful day in April of 1865. \*\*RSVP Requested

## 29TH ANNUAL OZAUKEE SENIOR GAMES 2024

May 29th-June 18th
Powered by Playful Connection

Fun, friendly competition hosted by Cedarburg, Grafton and Port Washington. Registration fee of \$15 includes opening social, T-shirt, award breakfast and entry into any or all events. 2024 Events include: Opening walk, Pickleball, Bowling, Mini-Golf, Horseshoes, 8 Ball, Corn Hole, Shuffleboard, BocceBall, PingPong, Bike Ride, Cribbage, MahJongg, and Mexican Train. Registration forms available in the office of the Senior Center. \*Entry

Deadline is May 13th





## **OLDER ADULT ACTIVITIES**

#### **HEALTH & FITNESS**

Group Fitness Instructors Janis Gralewski & Linda Short TUESDAYS & THURSDAYS 10:00 - 11:00 am

Through June 6th

Have fun! Meet friends! Join the Cedarburg Senior Center's "Fitness with Focus", a program to enhance your body and brain capabilities with movement and mental challenges. Functional fitness moves are incorporated both in and out of chairs using strength training, flexibility, balance and movement to music. Brain exercises are done each day to challenge memory and creativity. Come try this community run program to stay active and on the go! Cost: is \$3 per class or buy a punch card for \$30 that includes 11 classes.

#### **CHAIR YOGA**

#### with Certified Instructor Takako Willden

Fridays 9:30 - 10:30 am

Yoga is the practice of combining mindful movement with breathing techniques. Chair yoga is a great way for older adults to get the wonderful health benefits of yoga without moving to the floor. The chair allows for added support in seated poses and gives stabilization for standing poses. It is an excellent way for older adults to loosen and stretch painful muscles, reduce stress, and improve circulation. Cost: \$5 per class (1st class is free).

#### TAI CHI and QiGong

with Fitness Instructor Liz Rolland & Diane Redman Mondays and Wednesdays at 10am - 11 a.m. Thursdays at 11:00-11:45am.

East meets West in our practices adapted from eastern movement traditions such as Tai Chi and Qigong which have been recognized for numerous health benefits by Harvard Medical School. These sessions will focus the breath, calm the mind, and open the heart as we take the body through gentle movements which have been used for centuries. Whether you sit or stand, with regular practice you will leave each session feeling both relaxed and energized.

Cost \$5 per class

#### **PICKLEBALL**

Fridays at 9:30 - 11:30 am

The Cedarburg Senior Center is offering Pickle Ball at the Community Gym. This mini-tennis game is played by 2 or 4 people on a badminton-sized court using wood paddle rackets and a plastic, poly baseball with holes. Cost is \$3 per person, per time. 3 indoor courts.

#### TENNIS & BEGINNING PICKLEBALL

9:00 - 11:30 am Fridays (May - Oct.)

Play doubles tennis with other adults 60+, or try pickleball with other beginners.

Play at Zeunert Courts (N28 W5600 Lincoln Blvd).

#### TOE NAIL TRIMMERS, LLC

First, Second and Third Thursdays of each month

From 9 am to 2 pm.

The cost is \$35 for a 30 minute session.

Convenient on site care includes Toenail trim and Foot assessment.

Appointments are required. Call 262-719-0336 to schedule.

#### **Mindfulness Class**

Led by Jacqueline Janz

Fourth Thursday of the Month 9:00-10:00 am

Learn mindfulness meditation to bring kind awareness to the present moment, which will support emotional balance, foster purpose-driven actions, and reduce stress. Cost:\$4 per class

#### **YOUR WELL-BEING**

Fourth Wednesday of every month with Kelly Barboza BSN, RN Infection Prevention,

Community Outreach Educator Aurora Medical Center Explore a wide range of physical and mental health topics, each designed to engage and inspire. \*RSVP requested\*

#### **CEDARBURG SENIOR CHORUS**

Did you know that singing is good for brain, lung and immune health?

If you love to sing, come sing with us Mondays from 1:00-2:00 pm. The Senior Chorus enjoys performing at area senior care facilities.

#### **FIRESIDE TOURS 2024**

Beautiful-the Carol King Musical May 2nd
Nunsense June 27th
Matilda August 1st
Rocky September 12th
Miracle on 34th Street November 14th
and December 12th

Fireside trip cost is \$118 plus gratuity. Seats are limited.

#### Local Day Trips

Milwaukee Symphony
Brewers vs Pirates
May 10th
May 15th
July 31
S/B Greendale&Kenosha Civil War Museum
Mystery Trip
October 10th

#### WANT TO GET AWAY? EXTENDED TOURS 2024

Please stop in to pick up a flier with all the details

Canadian Rockies by Train
Rhine Castles&Moselle Vineyards
London and Paris
Mystery Trip

August 9th-18th
September 7th-19th
October 2nd-11th
October 8th-16th

Please call for the latest information.

#### **Medicare Mondays**

First Monday of Every Month Starting at 11:00 am Justin Tomashek, an Ozaukee County Medicare Specialist, will be available for a 45 minute open information session. Eligible individuals and caregivers are invited to bring their specific questions and concerns.

**Aging Mastery Program** 

The Aging Master Program (AMP) was developed by the Nation Council on Aging and has been successful at helping older adults build their own playbook for aging well. Over the 6 week course you'll hear from local experts about: Sleep, Healthy Eating, Financial Fitness, Medication Management, Fall Prevention and more. Classes are held at the Grafton Senior Center on Mondays starting April 1st through May 13th from 3:15-6:00 pm. Donation:\$10 for all course materials. Join the Adventure!!



Parent's Name:

## 2024 COMMUNITY EVENTS

MARCH		JULY	
23	Easter Egg Hunt	4	Hometown Celebration and Parade
		14	Maxwell Street Days
MAY			
26	Maxwell Street Days	AUGUST	
27	Memorial Day Parade	July 31-Aug 4	Ozaukee County Fair
	,	3	Sharks Swim Meet
JUNE		TBD	Civic Band Concert - City Hall Front Lawn
2-10	Plein Air Painting Event	23-24	Country in the Burg
TBD	Civic Band Concert - Cedarburg Art Museum		,
8	Kids Kickoff to Summer Event at Cedar	<b>SEPTEMBER</b>	
	Creek Park	1	Maxwell Street Days
14	Summer Sounds at Cedar Creek Park	21-22	Wine and Harvest Festival
	(Friday Nights)		
16	"Dads" Swim Free Event at the Pool	OCTOBER	
22-23	Strawberry Festival	6	Maxwell Street Days
		5-6	Cedarburg Oktober Festival
	June - October Friday Farmers Market	19	Scary Bloody Mary Walk

#### **CEDARBURG PARKS & RECREATION PROGRAM REGISTRATION**

Address:					_City:		_Zip:	
Home Phone:Work phone & Name of person to cor					itact:			
Email Address:								
Participant's Name	Sex	Age	Grade	Birth Date	Program Name	Class#	Shirt Size	Fee
FOR OFFICE USE: CHECKCASH:DATE: TOTAL:								

# **BEYER'S**



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## FESTIVALS CEDARBURGO













Festivals of Cedarburg hosts award winning festivals all year round!

Our mission is to help support tourism, and economic, civic and cultural vitality. Festivals gives back over 85K a year to Ozaukee county non-profits.

We welcome volunteers to help for all our festivals from teens to adults!

www.cedarburgfestivals.org

Winter Festival Feb. 17th-18th



Strawberry Festival June 22nd-23rd



Wine & Harvest Festival Sept. 21st-22nd



Oktoberfest Oct. 5th-6th



A Cedarburg Christmas Mid Nov-Dec



## READY TO DIVE IN?



# OZAUKEE AQUATICS IS YOUR LOCAL, YEAR-ROUND COMPETITIVE USA SWIMMING CLUB!

OUR TECHNIQUE-DRIVEN PROGRAMMING IS READY TO HELP YOU ACHIEVE ANY GOAL YOU HAVE. FROM STATE QUALIFIER TO OUR NEXT INTERNATIONAL MEDALISTI

-OPEN TO ALL AGES! -FOUR CONVENIENT POOL LOCATIONS! -FUN & TEAM-DRIVEN!

(Cedarburg, Kiel, Mequon, Whitefish Bay)

VISIT OZAUKEEAQUATICS.COM FOR MORE!



## Downtown Cedarburg

W62 N620 Washington Ave. 262-377-0480 ArmbrusterJewelers.com